



Outdoor Adventure (National Certificate) SCQF Level 5

Course Description

This course is suitable for candidates who would like to pursue a career in the outdoors. They will gain a solid foundation of skills, experience and qualifications relevant to the outdoor industry.

Course content

- 🦋 Anatomy & Physiology
- 🦋 Core Study Skills
- 🦋 Fitness & Exercise
- 🦋 Nutrition & Health
- 🦋 Paddle-sports & Team Work
- 🦋 Mountain Sports & Leadership
- 🦋 Conservation & Volunteering
- 🦋 Mountain Biking



Entry requirements

Applicants should be at least 16 years of age. Mature students are also welcome to apply and will be considered on an individual basis. An Application Form can be downloaded from our website, or by calling your local college learning centre.

Applicants should hold at least a standard grade at level 4 or above, or have completed the NC in Outdoor Adventure or a similar qualification at level 5. Candidates should also have a good level of fitness as the course is 50% practical. Most importantly candidates should have a passion for the outdoors & adventurous activities. Entry to the course may also be subject to successful interview.

Qualifications

NC Outdoor Adventure Leadership, SCQF Level 5

As well as the NC award students will also have the opportunity to obtain their

- UKCC Level 1 Coach (Canoeing and Kayaking)
- 1st Aid Qualification
- John Muir 'Discovery' Award
- National Indoor Climbing Wall Achievement Scheme BCU 2* Paddle Sport Award
- Foundation Safety & Rescue Training (BCU FRST)
- Go Mountain Bike Award

Attendance

Full time: 4 days a week for 36 weeks. This course is available in Broadford

Progression

The NC Outdoor Adventure Leadership can provide progression on to the NC Outdoor Adventure Leadership or an equivalent course at level 6. Students can also go straight into employment using their practical qualifications.

Progression Routes:

