

Royal West of Scotland Amateur Boat Club

Kayaking – Come and Try



Starter Sessions
Sunday 4th June 2017
10am – 4pm



What are starter sessions?

An introduction to kayaking and opportunity to see what is available at our club.

Do I need to have kayaked before?

Sessions are suitable for beginners with no prior experience - just come along and have a go.

How much does it cost?

Nothing - on Sunday 4th June, sessions are free.

How long will each session last?

On the water for about 20 to 30 minutes, depending how many people want to have a go.

Will there be equipment for me to use?

Kayaks, paddles and safety equipment will be provided.

What should I wear?

Comfortable warm clothing, such as tracksuit bottoms, layered tops and a pair of old shoes which you don't mind getting wet. We can provide a waterproof jacket and buoyancy aid.

What else should I take with me?

It is recommended that you bring a change of clothing and a towel.

Will there be other people on the water at the same time?

There may be, depending on demand. However, you will be given appropriate supervision and guidance and not be left on the water alone.

What can I expect in the session?

The aim is to provide a fun kayaking experience in a safe environment.

I have a disability can I go on a starter session?

It will depend on your requirements. Please contact us in advance.

Will there be changing facilities and toilets?

Yes, there are changing rooms, showers and toilets.

What is the minimum age?

The minimum age is 14. Anyone under 18 must be accompanied by a parent or guardian.

Can I turn up on the day without booking?

Booking is not essential but is recommended as if we reach full capacity then you might not be able to take part.

How can I get further information or book?

Just send an e-mail to canoeing@rwsabc.com

RWSABC, Esplanade, Greenock PA16 7SE